

# Theories of Constraints

- **Intrapersonal-** Constraints internal to oneself (psychological)
- **Interpersonal-** Constraints between two or more individuals (social)
- **Structural-** Constraints outside of an individuals control (environmental; institutional) *created by human agency*

**Institutional barriers:** Barriers that may be addressed through various measures taken by agencies and organizations such as traffic, maintenance, or level of information available regarding parks and/or programming through facility and program decisions, distribution of resources, and other plans and policies



# Dowling Ave- Existing Constraints

<b>Intrapersonal Constraints</b>	<ul style="list-style-type: none"> <li>•Poor aesthetics</li> <li>•Crime/safety concerns</li> <li>•Unaware of riverfront parks</li> </ul>
<b>Interpersonal Constraints</b>	<ul style="list-style-type: none"> <li>•Concerns regarding harassment from other [groups of] people</li> </ul>
<b>Structural Constraints</b>	<ul style="list-style-type: none"> <li>•Inadequate riverfront access</li> <li>•Poor sidewalks</li> <li>•Unsafe bike lanes</li> <li>•Poor lighting</li> <li>•Lack of wayfinding</li> <li>•Traffic</li> <li>•Poor aesthetics</li> <li>•Pollution</li> </ul>